Carol and Odis Peavy School of Nursing at the University of St. Thomas

COURSE INFORMATION

Course Title: THE ART AND SCIENCE OF HOLISTIC NURSING
Course Number: NURS 3351
Fall 2017

Course Description: This three credit course introduces students to the complementary nature of nursing art and science through exploration of a healing philosophy and framework for nursing practice. Emphasis will be placed on nursing theory as a vehicle for exploring the relationships between the central concepts of person, environment, health and nursing, and the relevance of nursing theory to holistic nursing practice.

Placement: Undergraduate

Prerequisite(s): NURS 2542 Foundations of Holistic Nursing Practice
NURS 2342 Health Assessment

Credit Hours: 3 credit (3 theory)

Course Schedule: Classes on Fridays from 9:00 am-12 noon
First Class Day August 25, 2017
Classes held in SON Computer Classroom

Course Withdrawal “W” Date: The last day to drop course with a “W” is November 4, 2016

FACULTY INFORMATION

<table>
<thead>
<tr>
<th>Course Coordinator:</th>
<th>Dr. Phyllis J. Waters</th>
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<tbody>
<tr>
<td>Office:</td>
<td>4102 Yoakum</td>
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<tr>
<td>E-mail:</td>
<td><a href="mailto:watersp@stthom.edu">watersp@stthom.edu</a></td>
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<tr>
<td>Phone:</td>
<td>713-942-3482</td>
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<tr>
<td>Cell:</td>
<td>409-392-1159</td>
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<tr>
<td>Office Hours:</td>
<td>By appointment</td>
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Faculty Academic Coach (FAC): Dr. Phyllis J. Waters
This faculty will help tutor students, in individual or group sessions, who need academic coaching related to the course content.
REQUIRED COURSE RESOURCES

Companion Resources and Texts:

On Reserve for Special Project Assignments


http://www.criticalthinking.org/ctmodel/logic-model1.htm

LEARNING OUTCOMES

Course Goals & Objectives:
This course will provide students the opportunity to achieve the following learning outcomes:

1. Recognize the structure of nursing knowledge and its applicability to practice.
2. Describe how “world view” influences nursing philosophy and nursing theory.
3. Explain the nursing meta-paradigm – person, health, environment and nurse – as a framework for nursing theory.
4. Describe selected nursing theories congruent with holistic practice and application.
5. Examine the application of nursing theory within a nursing practice model operationalized in a clinical setting.
6. Identify values and practices reflective of nursing as an art.
7. Discuss the complementary value of nursing as an art and science.
8. Examine the philosophical and theoretical foundations of the University of St. Thomas BSN curriculum.

**PRINCIPAL UNITS OF THE COURSE**

A. Theoretical Foundations of Nursing as a Professional Discipline
   1. Carper’s Analysis of “Ways of Knowing” in Nursing
   2. Values Foundational to the Art of Nursing Practice
   3. Methodology and Rigor Foundational to the Science of Nursing Practice
   4. Florence Nightingale – Concepts Integrating Art and Science of Nursing
   5. The University of St. Thomas School of Nursing Philosophy and Conceptual Framework

B. Structural Hierarchy of Contemporary Nursing Knowledge
   1. Components of the Knowledge Hierarchy
   2. World View Influences on Philosophy and Theory
   3. Interpretation and Application of Nursing Meta-paradigm

C. Application of Nursing Theory to Clinical Practice
   1. The Power of a Theoretical Lens to Influence Practice
   2. Selected Holistic Nursing Theories: Application to Practice
   3. Trans-theoretical Tenets linking Healing and Caring
   4. The Role of Nursing Theory in a Nursing Practice Model

**METHODS OF ASSESSMENT**

*Successful Completion of a Nursing Non-Clinical Course*

Defined as follows:

1. Weighted 75% test average.
2. Completion of all course assignments and tests.
3. Achievement of a final course grade of C or higher (> 75).
4. Grades at 0.5 or higher will be rounded up.

*Methods of Instruction*

- assigned readings from required textbook and other sources;
- class discussion;
- activities via Black Board; and,
- small group work
- online assignments
Evaluation
Exam I ................................................................................................................................. 15%
Exam II ................................................................................................................................. 20%
Online Assessment Activities ............................................................................................ 20%
Small Group Project- Application of Selected Middle Range Theories ............................ 20%
Final Exam: Essay on Formulating and applying personal Nursing Theoretical Lens .... 25%
TOTAL 100%

Course Grading Rules
Students are responsible for monitoring their own grades in Bb under the My Grades tab. Any discrepancies must be reported to the Course Coordinator in a timely fashion.

Grades are awarded passed on the following scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>95 - 100</td>
</tr>
<tr>
<td>A-</td>
<td>90 - 94</td>
</tr>
<tr>
<td>B+</td>
<td>87 - 89</td>
</tr>
<tr>
<td>B</td>
<td>84-86</td>
</tr>
<tr>
<td>B-</td>
<td>81 - 83</td>
</tr>
<tr>
<td>C+</td>
<td>78 - 80</td>
</tr>
<tr>
<td>C</td>
<td>75 - 77</td>
</tr>
<tr>
<td>C-</td>
<td>72 - 74</td>
</tr>
<tr>
<td>D+</td>
<td>69 - 71</td>
</tr>
<tr>
<td>D</td>
<td>65 - 68</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 65</td>
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Testing Average
Students must receive a 75% weighted average or above on all evaluative items in order to receive a passing score for the course.

Students who receive a test grade below a “C” will be referred to the Faculty Academic Coach (FAC) and to the Director of the Nursing Success Center (NSC). The NSC director will initiate the student into the SON Academic Retention Program. Students may review their exams during a 2-week period following exams by scheduling an appointment with the Course Coordinator or Faculty Academic Coach (FAC).

Missed Assignments and Missed Exams

Missed Tests/Quizzes: Students who are not able to take a test when it is scheduled must notify the faculty member as soon as possible before the test period begins. The Course Coordinator will determine the make-up process, if any.

Incomplete Grades: The faculty may grant an incomplete if a student has not met all of the criteria for passing the course. Such situations may include students who have a documented emergency in the last few days of a semester.

Late Work: Assignments are due at the beginning of the class period unless otherwise indicated. All late papers/assignments will have five (5) points deducted per day, this includes weekend days. Due dates will be provided in the course calendar. Assignment guidelines and grading rubrics will be provided in Bb.

Testing Policies
Exam Regulations
1. UST-SON Classroom Exam Agreements
• All bags are placed outside of classroom on cart.
• All personal items (including phones) are placed outside classroom.
• All phones MUST be off or silenced.
• No bottles or food on desks at any time.
• Test items should never be copied/pasted/forwarded/photographed or reproduced in any form.
• Scrap paper will be provided by faculty.
• Scrap paper must be returned to faculty with the student’s name on it when the student completes the exam.
• Concerns about specific test questions should be written on scrap paper and personally handed to faculty at the end of the exam.
• Students cannot leave the classroom for any reason during the exam (except for exams lasting more than 2.5 hours and only one student may leave at a time).
• Students must exit the classroom quietly immediately after completing the exam.

2. Students must direct all questions and concerns to the exam facilitator by raising their hand. Failure to comply may lead to student being asked to leave the classroom.

3. Students will not be allowed into the classroom to take the exam after the scheduled start time. The Course Coordinator will determine the consequences of missing the exam(s).

METHODS OF BLENDED LEARNING

Blended learning is an educational approach that assesses and integrates the strengths of face-to-face, mobile, and online learning to address a course’s educational goals. The use of multiple interactive learning environments outside the classroom makes interaction inside the classroom more effective and productive. All SON courses are offered in a blended learning or completely online format. These formats incorporate teaching and learning activities using online and/or face-to-face methods of instruction. Blackboard (Bb), a web-based management system, houses the main components of the courses. Course content, assignments, due dates, and quizzes will be provided through Bb. Students must use UST email to respond to the course instructors and peers about assigned topics. Students must participate in all online (graded or ungraded) activities.

This course has content/activities delivered from multiple directions and multiple dimensions both synchronous and asynchronous. This course has three main components:

- The **Syllabus** which has key information for the course along with course guidelines and expectations.
- **Grading Rubrics** which communicates grading guidelines. It can also provide the student with a basis for self-evaluation, reflection, and peer review.
- **Course Content Outline /Calendar** which communicates class date, time, and location; assignments and exams that are due in both environments, in and out of class; and clinical rotation times, depending on type of course.
Some Helpful Information

- **Access to internet** – You must have daily access to the internet and use Bb site regularly between classes to keep up with announcements and to complete assigned activities.

- **Learning is not a spectator sport** – You are expected to take responsibility to actively use the online materials and manage your time so that you complete assigned readings and online activities in between face-to-face sessions.

- **Use of new technologies** – Online tutorials on the use of Bb tools are located at [http://www.stthom.edu/Offices_and_Services/Information_Technology/Services/Training/Student_Tutorials.asp?Page_ID=5512](http://www.stthom.edu/Offices_and_Services/Information_Technology/Services/Training/Student_Tutorials.asp?Page_ID=5512). Training on how to use other required technologies will be provided to students by the faculty as needed.

- **Student resources**: Students are encouraged to access the UST library as well as other appropriate internet sources as needed.

- **Library Link** – Nursing Section [http://libguides.stthom.edu/Nursing](http://libguides.stthom.edu/Nursing)

- **Student computing services** – **Call the UST Help Desk at 713-525-6900** or email [ithelp@stthom.edu](mailto:ithelp@stthom.edu). Available services are detailed on their website.

- **Nursing Success Center (NSC)** – Provides academic advising, peer mentoring, state board licensing preparation, study skills tutorials, and time management tutorials for nursing and pre-nursing students.

COURSE POLICIES

**Attendance /Punctuality/Participation**

**Attendance**: Class attendance is required and the student is responsible for all material covered. If the student is not able to attend class, the student is to notify the instructor before the missed session. Failure to notify the instructor could constitute an unexcused absence as determined by the Course Coordinator.

**Absence and Tardy Policies**: Absences and tardiness are recorded beginning from the first class session after the student has enrolled in the course. Course Coordinators are not obligated to allow students to make up work they miss due to unexcused absences. Students who have excessive absences will be at risk for failing the course, might not be allowed to take the final exam, or might receive an incomplete. Course Coordinators may apply additional attendance policies as deemed appropriate to individual courses. Refer to the **SON Student Handbook**.

**Dropping a Class**: **YOU MUST OFFICIALLY DROP OR WITHDRAW FROM A COURSE**. Once a student registers for a course, the student will receive a grade for the course unless the drop or withdrawal process is completed through the Registrar's Office. This includes students who may have never actually attended class or who may never have completed payment of tuition and fees for each course.
**Computer Use Policy:** Students may use their own personal electronic devices to take notes or refer to class materials in class but **NOT** during quizzes or exams. Students will be told to turn off electronic devices if they are being used in ways that are not permitted in the classroom and during exams/quizzes.

**Mobile Electronic Devices:** All personal electronic mobile devices will be kept on vibrate or silent mode. No texting or talking on phones is permitted during class time. Any personal recording during class requires the instructor’s permission. All emergency situations must be handled outside of the classroom environment.

**Netiquette:** Refers to the generally accepted rules of behavior for communicating in an online environment.

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**Please follow these guidelines in all your online responses and discussion groups.**

**RESPECT.** We would like to suggest respectful exchanges as a basic ground rule. We feel that informational errors should be pointed out respectfully (even if stated strongly). Disagreements that honor the viewpoints of the various contributors are productive and can lead to new learning and understanding. If you use abusive or offensive language, you will be blocked from the discussion area and potentially removed from this course. If that is the case, you will not receive a refund of your tuition or fees.

**PRIVACY.** Keep in mind not only your own privacy rights but others' as well. Do not reveal any information that you deem private.

**BE CONSIDERATE** of grammatical/spelling errors.

**REMEMBER** that humor and satire are often misinterpreted online. Communication is more than words. So be prepared for some misunderstanding and requests for clarification.

**BE SUPPORTIVE.** We are all still learning. Our job is not to judge or condemn or even praise, although genuine encouragement is a necessary ingredient. We are here to provide information, to address topics in a discussion forum, and to provide assistance in helping each participant use her/his own unique learning style. Reflection generally precedes growth. So reflect upon what is said, provide sincere comments, and hopefully, we will all grow.

One good way to avoid problems is to reread your postings before sending them. Something written in haste may be misread.

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**Integrity of Student Work**

**Academic Integrity:** UST students should demonstrate integrity in all of their activities, both personal and professional. Any unprofessional behavior or failure to adhere to the honor system is a serious violation of integrity and may result in failure of the course. The *UST Student Handbook and Planner* is located in Bb under My Organizations, then SON Student Resources.

The *SON Student Handbook* contains detailed information on plagiarism and related policies. The *SON Student Handbook* is located in Bb under My Organizations, then SON Student Resources. Students are held accountable for knowing and adhering to these policies. *Turn It In* software may be used routinely to help address insufficient documentation; this software detects plagiarism.
**Policy on Written Assignments**

The *Publication Manual of the American Psychological Association* (most current edition) is the required style manual that must be used in writing papers in the UST School of Nursing.

**Academic Policies and Procedures**

**ADA Student Accommodations:** In accordance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, the instructor will make all possible and reasonable adjustments in policies, practices, services, and facilities to ensure equal and optimal educational programs and activities for students who need special accommodations. Students must contact personnel in the Office of Counseling and Disability Services (2nd floor of Crooker Center). This office is open Monday through Friday, 8 am – 5 pm. The compliance officer will ask for proof of disability and specific accommodations that are needed by students. Academic Accommodations must be applied for in writing **EACH** semester. Students with special needs should inform the instructor within the first two weeks of class **EVERY** semester.

Students should be aware of and take into consideration if their accommodations conflict with the AACN (2001) *Nursing Essential Functions* as identified in the *SON Student Handbook*.

*If academic accommodations are approved, the student provides the Letter of Accommodations to the Course Coordinator.* Students should contact the instructor immediately if new needs arise. Students can see the instructor before or after class or request another time to discuss such matters. All information will be kept confidential.

**Course and Instructor Evaluations:** There is an end of semester evaluation for this course and the Course Coordinator. This evaluation is confidential. Students are strongly encouraged to complete the evaluations because input is very valuable. Instructions on how to access evaluations will be provided two to three weeks before the end of each semester.

**CLASS SCHEDULE**

See separate class schedule for specific information.
NURS 3351

Acknowledgement of Receipt of Course Syllabus

Course faculty will review the syllabus on the first day of class. I understand that it is my responsibility to read the syllabus which is available on Blackboard. If I am unclear about any portion of the syllabus, I will ask for clarification from the Course Coordinator, as well as, refer to the SON and UST Student Handbooks.

This form must be signed on or before the 2nd week of class.

Initial the following statement and sign below. This form will be placed in your SON student file.

_______ I acknowledge that I have access to the online NURS XXXX _____________________ course syllabus.

_______ I acknowledge that I have read the syllabus and that I have been given an opportunity to ask questions about the details of the course.

_______ I acknowledge that I understand the methods of evaluation and course grading rules.

_______ I acknowledge that I have sufficient information to sign this form. I understand its contents.

Printed Name ______________________________________________________________

Student Signature ______________________________ Date: ________________

Revised and Approved by SON Faculty – December 2014